

# UTHENGA WABWINO WA CHOONADI

MALANGIZO NDI CHILIMBIKITSO KUCHOKERA M'BAIBULO  
KUPITA KWA AMENE AKULALIKIRA UTHENGA WABWINO

## TSIKU LA AMBUYE

Yohane, wophunzira wokondedwa uja, anali atasiyidwa pa chisumbu cha Patmo pamene analemba kuti, "Ndinagwidwa ndi Mzimu tsiku la Ambuye, ndipo ndinamva kumbuyo kwanga mau akulu, ngati a lipenga" (Chivumbulutso 1:10). Chivumbulutso chimenechi chinaperekedwa kwa Yohane pa nyengo iyi ya mtengo wapatali. "Tsiku la Ambuye" limatchedwanso kuti tsiku loyamba la sabata, kapenanso Lamulungu.

Loweruka, limene linali tsiku lomaliza la sabata, linali ndi tanthauzo lapadera kwa Ayuda amene anali pansi pa chilamulo chakale ndipo anali omangidwa ndi lamulo losunga Sabata kukhala tsiku lopatulika, lopumula komanso lopembedza. Atabwera Yesu Khristu, Akhristu sakhalanso pansi pa Lamulo ndipo salamulidwanso ndi zolamulira zake. Akhristu oyamba anapanga mwambo watsopano womasonkhana pofuna kupembedza pa tsiku loyamba la Sabata ndipo iwo analitcha kuti "Tsiku la Ambuye".

Tsiku Lamulungu nalonso linali ndi tanthauzo lapadera kwa okhulupirira popeza kuchokera pamene Ambuye Yesu anakhomedwa pamtanda, ndi pa tsiku loyamba la Sabata pomwe Ambuyewo anaukitsidwa m'manda. "Koma tsiku loyamba la sabata, mbandakucha, anadza kumanda .... Ndipo anapeza mwala unakunkhunizidwa kuuchotsa pamanda. Ndipo m'mene analowa sanapeze mtembo wa Ambuye Yesu" (Luka 24:1-3).

Lamulungu linapitirira kukhala lofunikira monga tsiku lapadera chifukwa Mzimu Woyera

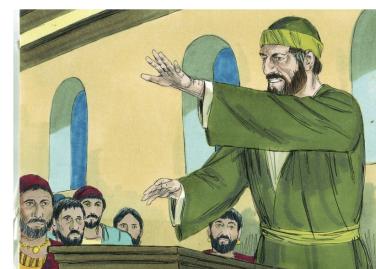
anaperekedwa kwa Akhristu okhulupirira pa tsiku la Pentekoste (Machitidwe 2:1-4) ndipo izi zinachitika pa tsiku loyamba la Sabata.

Chikondwerero cha Masabata, kapena tinene kuti Pentekoste, chinali chikondwerero cha zokolola zakumunda chimene malingana ndi malamulo a Chiyuda amakumbukiranso kuperekedwa kwa Malamulo pa Phiri la Sinai. Chikondwererochi chimachitika patatha masiku 50 kuchokera pa Pasaka. Pali kufananiza kosangalatsa. Khristu anakhomedwa pamtanda chifukwa cha machimo a anthu pa nthawi ya Pasaka. Kutsatira apa, pa Pentekoste Mzimu Woyera anatsika ndipo analemba Lamulo lakumwamba la Mulungu m'mitima mwa anthu okhulupirira.

Potengera zifukwa izi, ndikomveka ndithu chifukwa chimene otsatira a Khristu anayamba kupembedza Lamulungu m'malo mwa Loweruka. Iwo samamangika kuti adzisunga Sabata ndipo tsiku loyamba la sabata linali ndi tanthauzo lalikulu komanso lofunikira kwa iwo.

Malingana ndi Malemba, mpingo woyamba ukuoneka kuti umapembedza pa tsiku Lamulungu. "Ndipo tsiku loyamba la sabata, posonkhana ife kunyema mkate, Paulo anawafotokozerma, popeza anati achoke m'mawa mwake; ndipo ananena chinere kufikira pakati pa usiku." (Machitidwe 20:7). Paulo analangiza oyera mtima mu I Akorinto 16:1-2 kuti, "Koma za choperekha cha kwa oyera

(Yapitirira pa tsamba 2)



"Tsiku Lamulungu linali ndi tanthauzo lapadera kwa okhulupirira popeza ndi pa tsiku loyamba la Sabata pamene Ambuye Yesu anaukitsidwa m'manda ..."

# ZIMENE BAIBULO

## LIMAPHUNZITSA ZA...

### Mau a Mulungu

2 Tim. 3:16-17; 2 Pet. 1:20-21; Mat. 24:35

### Ubale wa Chikondi

Mat. 22:37-40; Yoh. 14:21-23; 1 Yoh. 4:7-11

### Kulapa

Mach. 3:19; Mach. 17:30; 2 Akor. 7:10

### Kubadwa mwatsopano

Yoh. 3:3-7; 2 Akor. 5:17; Aro. 6:1-4;  
Aef. 2:1, 5-6

### Kupulumuka ku uchimo

1 Yoh. 5:18; Mat. 1:21; Yoh. 8:11

### Chidzalo cha Mzimu Woyeria

Mach. 19:2; Mach. 15:8-9; Mach. 1:8

### Chiyero

Luk. 1:73-75; Aheb. 12:14; 1 Pet. 1:15-16;  
Tit. 2:11-12; Aro. 6:22

### Ufumu wa Mulungu

Luk. 17:20-21; Aro. 14:17; Yoh. 18:36

### Mpingo

Mach. 2:47; Aef. 4:4-6; 1 Akor. 12:12-13;

Akol. 1:18

### Umodzi

Yoh. 17:20-23; Agal. 3:28; Chiv. 18:2-4

### Maskaramenti

Mat. 28:19-20; Mat. 26:26-30;

1 Akor. 11:23-27; Yoh. 13:14-17

### Machiritsso

Luk. 4:18; Yes. 53:4-5; Yak. 5:13-16

### Chiyero cha Banja

Mat. 19:5-6; Luk. 16:18; Aro. 7:2-3;  
1 Akor. 7:10-11

### Chikhaliidwe cha pakati pa anthu ena

1 Tim. 2:9-10; 1 Akor. 11:14-15; Deut. 22:5

### Masiku omaliza

2 Pet. 3:7-12; Yoh. 5:28-29; 2 Akor. 5:10;

Mat. 25:31-46

### Kukhala mwa mtendere

Luk. 6:27-29; Luk. 18:20

### Kupembedza

Yoh. 4:23-24; Aef. 5:19; 2 Akor. 3:17

### Kulalikira Uthenga Wabwino

Mrk. 16:15

mtima, monga ndinalangiza Mipingo ya ku Galatiya, motero chitani inunso. *Tsiku* loyamba la sabata yense wa inu asunge yekha, monga momwe anapindula, kuti zopereka zisachitike pakudza ine.” Zopereka zao zimasonkhanitsidwa pamodzi pa tsiku Lamulungu kusiyana ndi tsiku lakale la Sabata ndipo panali ndondomeko yotsatirika bwino yakuti oyera mtima anali kukumana ndi kupembedza Lamulungu.

Kuchokera pa nthawi ya Khristu, pakhala pakuchitika mwambo pakati pa mpingo wachikhristu wakupatula Lamulungu, limene lili Tsiku la Ambuye, kukhala tsiku limene anthu adzipatula nthawi napembedza pamodzi. Ngakhale palibe lamulo m’malemba za ichi, monga m’mene zinaliri ndi kusunga Sabata mu Chipangano Chakale, Malemba amatiphunzitsa kuti tisaleke kusonkhana pamodzi kwa okhulupirira (Ahebri 10:25).

Palibepo cholakwika ndi kukumana pamodzi ndi kupembedza pa tsiku lina lililonse kupatula Lamulungu, koma pali cholakwika choonekeratu ndithu ndi mipingi imene imakumana tsiku Loweruka ngati njira yofuna kusunga Sabata. Iwo akugwiritsitsa Lamulo limene linapita ndi mulibe chilungamo mu tsikuli. Pofuna kusunga chikhaliidwe chakunja cha Lamulo, iwo amasemphana ndi choonadi chachikulu cha ufulu komanso chilungamo chenicheni zimene zili mwa Yesu Khristu.

Ngakhale Akhristu ena akhoza kumakumana masiku ena Sabata pofuna kukwanirtsitsa malamulo a dziko limene akukhalamo kapena malingana ndi kuti Sabata ndi tsiku logwira ntchito, monga m’mene zimachitikira m’maiko ena Achisilamu, nawonso akhoza kuwona ubwino ndi ufulu wa Tsiku la Ambuye pa tsiku lililonse la Sabata.

—mws

### UTHENGA WABWINO WA CHOONADI

*Uthenga Wabwino wa Choondi* ndi uthenga wa mkalata umene umasindikizidwa m’dzina la Ambuye kwa anthu onse ku maiko onse ndi cholinga chofuna kuwakhazikitsa ndi kuwalimbikitsa mu choonadi cha Mau a Mulungu. Kalata uyu akuphunzitsa ndi kulimbikitsa zoona za Baibulo zimene zakhazikitsidwa kuyambira pa nthawi ya Khristu ndi ya atumwi.

Mau a Mulungu ndi okhawo amene ali muyeso wovomerezeka wa chikhulupiriro. Amaphunzitsa chipulumutso ndi mamasulidwe kuchokera ku uchimo kudzera mu ntchito ya maomboledwe ya mwa Yesu Khristu; komanso kudzazidwa ndi Mzimu Woyeria kumene kumatsatirapo. Ndipo kumatithandiza kuti titsogolere, tiwongolere ndi kuwapatsa ena mphamvu; komanso tikhale ndi chiyero choonekerera pa gavo lililonse la moyo wa munthu kuphatikizapo mgwirizano ndi umodzi wa anthu a Mulungu. Utumiki wovomerezeka wa kwa Mulungu uli mu mwa anthu amene ubale wao wachikondi wazikika pa choonadi.

Akonzi: Michael & René Smith

### KUTI MULANDIRE Nawo Kalatayi

*Uthenga Wabwino wa Choondi* ndi uthenga wa kalata umene timesindikiza miyezi itatu illyonse molingana ndi chitsogozzo cha Ambuye. Kuti mulandire nawo kalatayi mwaulere pa email, pitani pa intaneti ndipo mutipeza pa [www.thegospeltruth.org](http://www.thegospeltruth.org). Muli omasuka kutitumizira maina ndi ma email a anthu amene akufuna kulandira nawo kalatayi. Mainawa muwatumize kwa mkonzi.

### KUTI MUTIPEZE

*Uthenga Wabwino wa Choondi* imasindikizidwa mu maiko osiyanasiyana kuti igawidwe m’maikowo. Ntchito yosindikiza kalatayi komanso mautumiki ena ochitika ndi ofesi yathu pothandiza kufalitsa uthenga wabwino amathandizidwa ndi zopereka zaufulu zoperekedwa mdzina la mpingo wa Mulungu.

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# Mau a Mkonzi



*Momwemo utsalira mpumulo wa Sabata wa kwa anthu a Mulungu.  
Pakuti iye amene adalowa mpumulo wake, adapumulanso mwini wake  
kuntchito zake, monganso Mulungu kuzake za lye. —Ahebri 4:9-10*

Mpumulo wa mzimu umene uli mwa Yesu ndi wa ulemerero woposa.  
Kudzera mwa Yesu Khristu, pali mtendere umene umapambana  
chidziwitso chonse. Uwo umaposa mavuto ndi namondwe wa moyo uno  
ndipo uchita mizu ndi kukhazikika mu mtima mwa mwana wa Mulungu.

Umenewu sumachokera ku ntchito zathu kapena ku chilungamo chathu, koma ku kupeze ka  
kwa Mwana wa Mulungu pakati pathu.

Ulendo uno tipitirira kutsatira pa maziko amene tidamanga mu Kalata ya No. 18 okhudzana  
ndi mapangano amene Mulungu anapanga ndi mtundu wa anthu. Kusunga tsiku la Sabata  
kuti likhale lopatulika ndi limodzi la Malamulo Khumi mu Chipangano Chakale. Ili linali  
limodzi mwa malamulo ochepta amene sanabwezeretsedwe mu Chipangano Chatsopano.  
Kusunga kwa lamuloli kumachitika mwa Mwambo ndi mwa kuthupi ndipo kunayala maziko  
a madalitso a mpumulo wa Sabata lenileni limene linali kubwera mwa Yesu Khristu.

Pali anthu ambiri padziko lino amene amakakamira Lamulo la Sabata. Iwo amakhulupirira  
kuti kupembedza pa tsiku Loweruka ndi chimene Mulungu amafuna chidzichitika. Tsoka ilo,  
zonna zake ndizo zakuti iwovo amasemphana ndi tanthauzo loona la Sabata lenileni.  
Magulu achipembedzo ambiri amachimwa komanso kukhala mu moyo wosamvera Mau a  
Mulungu, komabe iwo amapeza chitetezo chawo mu kusunga Sabata. Sitolinso pansi pa  
ulamuliro wa Chipangano Chakale ndipo tili ndi tuyezo waukulu wa chiyero ndi mpumulo  
kusiyana ndi uwo umene unaperekedwa ndi mpumulo wathupi komanso kupembedza pa  
Sabata.

Phunziro lofunikira koposa tikhoza kulipeza pamene tikulingalira za iwo amene mpaka lero  
amasungabe Sabata. Pali kusiyana kwakukulu pakati pa a Seventh Day amene amadzinena  
kuti amasunga Malamulo a Mulungu. Chipangano Chakale sicingophunzitsa kokha za  
kupereka nsembe ndi nsembe zopsereza, koma chimaphunzitsano za kusunga masiku  
azikondwerero zambiri kukhala wopatulika kwa Ambuye. Kugwirizana kwake kuli pati  
pamenepa? Ponena za Sabata, Chipangano Chakale chimaphunzitsa kuti ana a Israele  
samayenera kuchoka “pamalo awo” pa tsiku la Sabata. Panali chilango cha Imfa kwa  
aliyense amene anapezeka akugwira ntchito pa Sabata. Kodi okhulupirira a Seventh Day  
amatsatiradi zimenez? Ichi ndi chifukwa chake kuli koyenera kuti tisangotola ndi kusankha  
zimene tikufuna kuti tiphunzitse zochokera mu Chipangano Chakale. Pamene timaphunzira  
zambiri kuchokera ku Chipangano chakale, tizindikire kuti pansi pa Chipangano Chatsopano  
tili ndi chauzimu chokoma ndi chokwanira chimene tiyenera kuchichita.

Ngakhale kuti mu nyengo ino tili ndi ufulu wa kugwira ntchito ndiponso ufulu wa  
kupembedza, mdaniyo watengerapo mwayi. Anthu ambiri pakati pa oyera mtima  
akumatanganidwa kwambiri mwakuti akumakanika kupeza mpata wokapembedza pamodzi  
ndi anzawo. Kupita kukapembedza chimakhala chinthu chochitika mothamanga potengera  
kuti tsikulo lili ndi ntchito zotani. Nkofunikira kwambiri kuti tisayiwale maphunziro enieni  
okhudza kupumula ndi kupembedza zimene tinaphunzitsidwa mu Chipangano Chakale.

Chinanso chofunikiranso kwambiri, tiyeni tiyesetse kuti tilowe mu mpumulo weniweni  
wamoyo umene upeze ka mwa Khristu pamene tikuyesetsa kudzichepetsa tokha ndi kupeza  
chitetezo mu chilungamo cha Mulungu.

Michael W. Smith

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Zambiri Zili pa  
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# Kalozera Posanthula Mau a Mulungu: Sabata

**Kuwerenga Malemba:** Chifukwa chake munthu aliyense asakuweruzeni inu m'chakudya, kapena chakumwa, kapena m'kunena tsiku la chikondwerero, kapena tsiku lokhala mwezi, kapena la Sabata; ndizo mthunzi wa zilinkudzazo; koma thupi ndi la Khristu. —Akolose 2:16-17

**Mwachidule:** Kusunga Sabata chinali chinthu choyenera kuchichita mu Chipangano Chakale. Mwambo uwu wosunga tsiku limodzi kuti likhale lopatulika kwa Mulungu unakwaniritsidwa mu Chipangano Chatsopano kudzera mwa Yesu Khristu. Yesu amapereka mpumulo weniweni wa moyo ndipo mwana wa Mulungu ayenera kusunga tsiku lililonse ngati lopatulika kwa Ambuye.

## I. Kukhazikitsa kwa Sabata la Mose

- A. Eksodo 16:22-30 Loyamba linakhazikitsidwa.
- B. Eksodo 20:8-11 Lamulo linaperekedwa pa Phiri la Sinai.

## II. Sabata silinatsatidwe mpaka nthawi ya Mose

- A. Nehemiya 9:14 Linadziwitsidwa ndi Mose.
- B. Duteronomo 5:15 Linalamulidwa anthu atamasulidwa kuchokera ku Ejipito.

## III. Zifukwa za Sabata

- A. Eksodo 23:12 Mpumulo.
- B. Eksodo 20:11 Kumbukirani Mlengi kapena chilengedwe.
- C. Duteronomo 5:12-15 Kumbukirani kuomboledwa kuchokera ku Ejipito.
- D. Levitiko 23:3-8; (19:30) Nthawi ya kupembedza.

## IV. Lamulo lolebedwa la Sabata

- A. Eksodo 31:12-17 (35:2-3) Imfa kwa aliyense wogwira ntchito.
- B. Numeri 15:32-36 Munthu wotola nkuni agendedwa.
- C. Nehemiya 13:17-19 Yuda anyozetsa Sabata.
- D. Lamulo linali pangano kwa anthu a Chiyuda
- E. Eksodo 31:17 Chizindikiro pakati pa Mulungu ndi ana a Israele.

## VI. Lamulo la Chipangano Chakale silikugwiranso ntchito (Onani Kalata ya No. 18)

- A. Ahebri 8:8-9, 13 Lamulo la Mose siligwiranso ntchito (Yeremiya 31:31-32).
- B. Luka 16:16 Lamulo linalipo mpaka nthawi ya Yohane Mbatizi.
- C. Agalatiya 3:11-13 Palibe munthu amalungamitsidwa ndi Lamulo.
- D. Aroma 6:14 Osati pansi pa Lamulo (Aroma 7:6).
- E. Machitidwe 15:5, 24, 28-29 Kusunga Lamulo la Mose sikulamulidwa.

## VII. Yesu ndiponso Sabata

- A. Mateyu 12:1-8 Yesu anavomereza kuthyola tirigu ndi kumadya.
- B. Marko 2:27 Yesu ndiye Mbeye wa Sabata.
- C. Mateyu 12:9-14 Lamulo limavomereza kuchita ntchito zabwino pa Sabata. (Yohane 5:8, 9)

## VIII. Sabata la Chikhristu

- A. Ahebri 10:1 Lamulo linali chithunzithunzi cha zinthu zabwino zilinkudza.
- B. Mateyu 5:17 Yesu anakwaniritsa Lamulo.

- C. Yesaya 11:10 Kuloserza za Mpumulo waulemerero.
- D. Ahebri 4:1-11 Mpumulo weniweni wa Sabata uli mwa Khristu.
- E. Mateyu 11:28 Yesu ndiye wopereka mpumulo wauzimu.
- F. Akolose 2:16-17 Munthu aliyense asaweruze mokhudzana ndi tsiku la Sabata kapena masiku ena opatulika.
- G. Luka 1:74-75 Tsiku lililonse ndi loyera.

## IX. Tsiku la Ambuye: Tsiku la chikhristu lopembedza kuyambira kale

- A. Chivumbulutso 1:10 Tsiku la Ambuye.
- B. Luka 24:1 (Mateyu 28:1) Khristu anaukitsidwa pa tsiku loyamba la sabata.
- C. Machitidwe 2:1 Tsiku la Pentekoste linali Lamulungu.
- D. I Akorinto 16:1-2 (Machitidwe 20:7) Otsatira Khristu amapembedza tsiku Lamulungu.

**Kumaliza:** Koma tsopano, podziwa Mulungu inu, koma makamaka podziwika ndi Mulungu, mubwereranso bwanji kutsata miyambo yoofoka ndi yaumphawi, imene mufuna kubwerezanso kuichitira ukapolo? Musunga masiku, ndi miyezi, ndi nyengo, ndi zaka.

Agalatiya 4:9-10

## NJIRA ZINAYI ZIMENE MALAMULO ABWINO AKHOZA KUSIYA KUGWIRA NTCHITO

(Kuchokera ku zolemba za Adam Clarke)

- 1. Pogwiritsa ntchito Lamulo la chilengedwe la kufunikira.
- 2. Pogwiritsa ntchito Lamulo, limene lili pamwamba.
- 3. Pogwiritsa ntchito Lamulo la chikondi ndi chifundo.
- 4. Pogwiritsa ntchito nyengo ndi ulamuliro wa wopereka lamulo.

Nkhani izi zili ndi zitsanzo zake mu  
Mateyu 12:4-8.

# Sabata

“Udzikumbukira tsiku la Sabata, likhale lopatulika.” (Eksodo 20:8). Lamulo lachinai linakhazikitsidwa ndi Mulungu pamene iye anapereka Malamulo Khumi pa Phiri la Sinai. Ilo linapatula Loweruka, limene lili tsiku lomaliza la sabata, kuti likhale tsiku lopatulika la kupembedza mu nthawi ya Chipangano Chakale. Anthu a Mulungu amayenera kugwira ntchito kwa masiku asanu ndi limodzi koma tsiku la chisanu ndi chiwiri linaikidwa ndi Mulungu kuti ndilo tsiku lopuma ndi losayenera kuti wina agwire ntchito.



“Ngakhale kuti Mulungu anapuma pa tsiku lasabata atalenga dziko...tsikuli silinayeretsedwe kufikira patapita nthawi ndithu.”

## Chiyambi cha Sabata

Nthawi yoyamba imene ikudziwika bwino kuti anthu anasunga Sabata kukhala tsiku lopumula ndi pamene Mulungu anatumiza mana kuti adyetse ana a Israele mu chipululu pamene iwo amachoka ku ukapolo wa ku Ejipito. Anthuwo anatola buledi wochuluka kawiri pa tsiku lachisanu, chifukwa Mulungu sanatumize mana pa tsiku Loweruka, popeza linali la “kupuma, Sabata lopatulika la Yehova” (Eksodo 16:22-30). Kusunga Sabata kotereku posakhalitsa kunalimbikitsidwa ndi chipangano cha Mulungu cha Malamulo Khumi pamene analaditsa ndi kupatula tsiku la Sabata (Eksodo 20:11).

## Silinasungidwe Mose asanabwere

Sitimvako mu mbiri kapena mu zolembera zakuti makolo athu oyamba aja ankasunga Sabata nthawi imene Lamulo la Mose linali lisankhazikitsidwe. Panadutsa zaka zoposera 2,500 Mose anasabwere ndipo mu nthawi yonseyi palibe umboni wogwirika bwino wakuti Sabata limasungidwa kapena kulemekezedwa. Nowa ndi Abrahamu anayenda mwa chikhulupiro ndipo anapeza chisomo pamaso pa Mulungu koma sanasunge tsiku Loweruka kukhala tsiku lopatulika. Ngakhale kuti Mulungu mwini anapuma pa tsiku lachisanu ndi chiwiri atatha kulenga dziko (Genesis 2:3), panapita nthawi yaitali ndithu kuti tsikuli liyeretsedwe. Sabata lopatulika linadziwika kwa ana a Israele monga “mwa dzanja la Mose” (Nehemiya 9:14) ndipo linalamulidwa ana a Israele atachoka ku dziko la Ejipito (Duteronomo 5:12-15).

## Cholinga cha Sabata

Sabata, kapena Kupumula, linali tsiku limene Mulungu anakhazikitsa mu Chipangano Chakale pa zifukwa komanso zolingga zingapo.

Limayenera kukhala tsiku lopumula ndi kutsitsimuka kwa munthu ndi nyama yomwe. “Uzichita ntchito yako masiku asanu ndi limodzi, koma tsiku lachisanu ndi chiwiri uzipumula; kuti ng’ombe yako ndi bulu wako zipumule, ndi kuti mwana wa mdzakazi wako ndi mlendo atsitsimuke” (Eksodo 23:12). Linali tsiku makamaka lokumbukira Namalenga wa dziko lonse lapansi (Eksodo 20:11); linalinso tsiku la chikumbutso kwa ana a Israele ndipo anawauza kuti “Ndipo uzikumbukira kuti unali kapolo m’dziko la Ejipito, ndi kuti Yehova Mulungu wako anakutulutsako...” (Duteronomo 5:15). Sabata linali nthawi yoikidwa padera kuti apembedze mu hema lokomanamo. Pa tsiku losagwira ntchitoli, panali kukhala “kukumana pamodzi kwa oyera” kapena msonkhano wa iwo amene akupembedza Yehova (Levitiko 23:3-8).

## Lamulo Loopsa

Kwa Ayuda, kusunga Sabata sichinali chiganizo chabe cha Mulungu, koma linali lamulo lomveka bwino ndi lalikulu, choncho chilango cha lamulo lokhudza Sabata chinali choopsa. Limayenera kusungidwa kuti likhale lopatulika ndipo “aliyense wakuliipsa aphedwe ndithu...aliyense wogwira ntchito tsiku la Sabata aphedwe ndithu” (Eksodo 31:14-15). Pa gavo lina, chilango chowawachi chinaperekedwa ndi Mulungu chifukwa ana a Israele anali kumanga hema lokomanako. Tsono iye sanafune kuti iwovo akhale otanganidwa ndi kugwira ntchito imeneyi mpaka kufika poyiwala kusunga Sabata. Ana a Israele analetsedwa kuyatsa moto ndi cholinga chakuti agwire nawo ntchito kapena aphikire (Eksodo 35:2-3). Ayudawo amamvetsetsa kuti akhoza kusunga moto kuti awunikire kapena kuti atenthedwe. Pamene anali mu chipululu, ana a Israele anapeza munthu akutola nkhuni pa Sabata. Munthuyo anabwera naye kwa Mose ndi Aroni. Yehova anauza Mose kuti munthuyo aphedwe poponyedwa miyala kunja kwa mudzi, ndipo zinachitikadi (Numeri 15:32-36). Uchimo wake unali wakuti iye sanachita izi mwa kusadziwa, koma kuti anaswa mwadala chilamulo cha Mulungu. Lingalirani za kuopsa kwa Mulungu.

## Sabata Linyozedwa

Mu zaka zakutsogolo, akuluakulu a Ayuda anadetsa tsiku la Sabata. Zipata za ku Yerusalemu zinasiydwa zotsegula kuti amalonda ndi apaulendo alowe (Nehemiya 13:17-19). Nehemiya adalamulira kuti zipata za mzindawo zitsekedwe pofuna kuletsa kuchita malonda pa Sabata. Amalonda aja adamanga zisakasa zawo kunja kwa mzindawo mpakana bwanankubwa uja analetsanso zimenezi pofunitsa ndithu kuti

(Yapitirira pa tsamba 6)

ayeretse tsiku la Sabata. Pamene anthu anasiya kusunga Sabata, iwo anasiyano kupembedza Mulungu ndipo uchimo unachuluka kwambiri. Kugwira ntchito pofuna kupeza phindu la kuthupi kumaletsedwa pa tsiku lopatulikali mu nthawi iyi ya Chilamulo. Poyika Sabata, cholinga chinali chakuti lisatipatse ukapolo koma likhale tsiku la chimwemwe, kupumula, kuchita chifundo, kukumbukira ndiponso kupembedza.

### Ndi la ku Chipangano Chakale

Lamulo la Sabata limaggwira ntchito kufikira pamene panganolo linasinthidwa ndipo m'malo mwake panabwera njira yatsopano ndi yamoyo. Monga ananenera pa Yeremiya 31:31-32 ndi kudzabwerezanso pa Ahebri 8:8-9, 13:  
“Taonani, akudza masiku, anena Ambuye, Ndipo ndidzapangana pangano latsopano ndi nyumba ya Israele, ndi nyumba ya Yuda, losati longa pangano ndinalichita ndi makolo ao. ...Pakunena Iye, Latsopano, anagugitsa loyambali. Koma chimene chilinkuguga ndi kusukuluka, chayandikira kukanganuka.”

### Khristu anabweretsa Mpumulo wa Moyo

Ndi kubwera kwa Yesu Khristu, chilamulo cha Chipangano Chakale sichikalanso ndi ntchito. “Chifukwa chilamulo chinapatsidwa mwa Mose; chisomo ndi choonadi zinadza mwa Yesu Khristu” (Yohane 1:17). Anthu sanakhalenso pansi pa nsinga za chilamulo koma ndi aufulu wa uzimu, “popeza simuli a lamulo koma a chisomo.” (Aroma 6:14). Pansi pa Chipangano Chakale, Ayuda amalungamitsidwa kudzera mu miyambo yakuthupi komanso kusunga zolamulidwa. Mu nyengo ya Chipangano Chatsopano, anthu amalungamitsidwa mwachisomo pokhulupirira mwa Khristu. “Pakuti onse amene atama ntchito za lamulo liwakhala temberero...palibe munthu ayesedwa wolungama ndi lamulo pamaso pa Mulungu...Khristu anatiombola ku temberero la chilamulo” (Agalatiya 3:10-13). Kusunga Sabata sikunabwerezewa mu Chipangano Chatsopano (Machitidwe 15:5, 24-29) ndipo ana a Mulungu amakhala omasulidwa ku ukapolo umenewo.

### Sabata silikubwerezewa ndi Khristu

Mu chipunxitso za Khristu, Iye sanabwerezee Lamulo la Sabata, ngakhale pamene anabwerezee ena mwa Malamulo (Marko 10:19). Iye anadzudzulidwa ndi Afarisi pamene analola ophunzira ake kuti adzitola tirigu ndi kumadya (Mateyu 12:1). Yesu anachiritsa pa Sabata ndipo potero anatsimikiza zochita ntchito zabwino pa tsiku ngati ili (Mateyu 12:9-14). Iye analamulira munthu amene amadwala kuti ayalule mphasa yake ndi kuyenda pa tsiku la Sabata

(Yohane 5:8-11). Yesu ponena za zinthu izi anati: “Sabata linaikidwa chifukwa cha munthu, si munthu chifukwa cha Sabata” (Marko 2:27). Khristu, monga mkhalapakati komanso mwana wa Mulungu, anali ndi ulamuliro wophwasula ndi kusintha zokhudza kasungidwe ka tsikulo.

### Kukangamira ku Lamulo Lakale

Lero anthu ambiri akugwiritsitsa pa chipunxitso cha kusunga Sabata kuhala lopatulika. Malemba amaphunzitsa mwomveka bwino kuti anthu a Mulungu salinso pansi pa Lamulo. “Koma tsopano, podziwa Mulungu inu... mubwereranso bwanji kutsata miyambo yoooka ndi yaumphawi, imene mufuna kubwerezanso kuichitira ukapolo? Musunga masiku, ndi miyezi, ndi nyengo, ndi zaka” (Agalatiya 4:9-10). Mau a Mulungu amapitiriza kutiphunzitsa kuti munthu aliyense asaweruze “m'chakudya, kapena chakumwa, kapena m'kunena tsiku la chikondwerero, kapena tsiku lokhala mwezi, kapena la Sabata; ndizo mthunzi wa zilinkudzazo” (Akolose 2:16-17).

### Khristu Ndiye Sabata Lathu

Kusunga Sabata sichinali chinthu chimene chimachitika chifukwa chinali chabwino koma chifukwa chimayenera kuti chidzitsatiridwa. Mu Chipangano Chatsopano, kupereka nsembe, miyambo, zofukiza, ndi kupembedza mu kachisi ndi zina zotere zinadutsa ndipo

zakwanirtsidwa mwa Yesu Khristu. Kusunga kwa Sabata ngati tsiku la mpumulo lopatulika unali mtundu wa mpumulo wodabwitsa ndi wauzimu umene upezeza mwa Yesu Khristu. Khristu ndiye Sabata lathu ndipo Mpumulo wake umaposa kwambiri tsiku limodzi la Sabata lakupuma kuthupi ndi kupembedza. Ahebri 4:1-11 akunena modabwitsa za choonadi cha mpumulo weniweni wa anthu a Mulungu amene amasiya ntchito zaho zathupi kuti alungamitsidwe pamaso pa Mulungu ndipo mwachikhulupirira amalowa mu mpumulo wa Mulungu. Kusunga Sabata kwenikeni kunali ngati chithunzithunzi chabe cha mpumulo waulemerero, wosatha ndi wauzimu mu nyengo ino ya chisomo, ndi chifukwa chake Khristu akuitana anthu onse kuti: “Idzani kuno kwa Ine nonsenu akulema ndi kuthodwa, ndipo Ine ndidzakupumulitsani inu” (Mateyu 11:28).

### Mpumulo wa Miyoyo yathu wa Sabata lenileni

Kusunga kwa tsiku lopatulika kwa kuthupi ndi cholinga chakuti apembedze Mulungu kunitipatsa mphamvu komanso kuthekera kuti tsiku lililonse tikhoza kukhala mmoyo wachiyero kudzera mwa Khristu. “Kutipatsa ife kuti titalanditsidwa kudzanja la adani athu, tidzamtumikira Iye, opanda mantha, m'chiyero ndi chilungamo pamaso pake, masiku athu onse” (Luka 1:74-75).

Sabata ya Chikhristu yeniyeni mu nthawi ya Chipangano Chatsopano ndiyo ya mtendere, mpumulo, kupembedza kwa uzimu, ndiponso kuhala moyo wachiyero tsiku lililonse la sabatalo. Tsiku lililonse ndi lopatulika ndiponso lisungidwe kukhala lolingalira ndiponso kukumbukira kuomboledwa ku uchimo kudzera mwa Yesu Khristu. Tiyamika Mulungu chifukwa kuti tikhoza kukondwera chifukwa cha Sabata!



## Kodi ndi chifukwa chiyani Malemba akunena kuti Sabata lidzisungidwa kwa mibadwo yonse?

Pa Eksodo 31:16-17 amanena kuti, "Chifukwa chake ana a Israele azisunga Sabata, kuchita Sabata mwa mibadwo yao, likhale pangano losatha; ndicho chizindikiro chosatha pakati pa Ine ndi ana a Israele..."

Lamulo la Sabata linali chizindikiro pakati pa Mulungu ndi mtundu wa Ayuda. Ilo linali la iwo okha ndipo linali ngati lamulo la dziko. Ilo linayenera kusungidwa mpaka kalekale monga m'mene amachitira ndi mdulidwe, sabata la mkate woonekera, unsembe wa Alevi ndi zina zotere. Kwa nthawi zonse sikutanthaiza kuti mpaka tuyaya. Lamulo la Sabata, monga m'mene ilili miyambo ina ya mu Chipangano Chakale, limayenera kusungidwa ngati lamulo lokhazikika ndiponso loyenera kutsatidwa mpakana nthawi imene lamulo lina latsopano lidzalowe m'malo mwake. Machitidwe oterewa amayenera kuitirira kutsatidwa mpakana ena osintheta nawo atabwera. Sabata linakwanirtsidwa mwa Khristu amene tsopano ali mpumulo wathu wamuyaya, mu mpumulo wa Sabata limene likupitirira. Lamulo limene linasiyanitsa Ayuda ndi amitundu linathetsedwa pa mtanda wa Khristu (Aefeso 2:11-18).

## Kodi ndi kolakwika kugwira ntchito tsiku Lamulungu?

Sitilinso pansi pa Lamulo la Sabata pamene kunali koletsedwa kugwira ntchito ya mtundu uliwonse. Ngakhale kuti Akhristu amapembedza pa tsiku Lamulungu, zolamulira za Lamulo la Sabata sizinapitirire kuti zikagwirenso ntchito mu Lamulungu pansi pa Pangano Latsopano.

Ngakhale tanena zimenezi, tiyeni tikumbukire kuti "Momwemo chilamulo chidakhala namkungwi wathu wakutifikitsa kwa Khristu" (Agalatiya 3:24-25). Ngakhale kuti pano sitilinso pansi pa namkungwi, kukhoza kukhala kupusa ngati tiyiwala zophunzitsa zimene zili pansi pa Lamulo. Chimodzi cha zifukwa zimene Sabata lidakhazikitsidwa kunali kupereka tsiku lopumula kwa munthu ndi nyama kuti akamayambiranso kugwira ntchito sabata linali akhale atapumula kuthupi ndi kuuzimu. Ngakhale kuti palibe lamulo la tsiku Lamulungu, pali mfundo ina imene ili yofunikira kwambiri.

Mpumulo ndi wofunika ndipo anthu

amachita bwino pa zinthu zambiri ngati akhala ndi tsiku limodzi lopumula ku ntchito zavo kuti akhale ndi nthawi yopembedza komanso kukhala ndi banja lawo.

Nthawi zambiri anthu akugwiritsa ntchito "ufulu wanu chohandizira thupi" (Agalatiya 5:13) ndipo tsiku Lamulungu limangokhala ngati tsiku lina lililonse. Anthu akugwira ntchito kwambiri ndipo ndi otanganidwa ndi zosamalira za moyo uno. Kupembedza kwa tsiku Lamulungu kumangokhala chinthu chimene anthu amachita mongothamanga ndi mofulumira kuti basi amalize kenaka nkumapita kukagwira ntchito.

Anthu oyera mtima a Mulungu amayenera kupatula nthawi kupembedza ndi okhulupirira anzao ndipo asamalolere kuti zotanganidwitsa za moyo uno zisokoneze zinthu zimene zili zofunkira kwambiri. Ngakhale kuti sindife anthu osunga Sabata ndipo sitienera kukhala pansi Lamulo, pali nzeru komanso kupindula ku uzimu pamene tisunga tsiku lathu lopembedza ndi kuti lisaphatikizane ndi zinthu zina zimene timazichita tsiku lililonse.

—mws

## Sabata la Mose ndi Sabata la Chikhristu

La Mwambo	La Uzimu
Mpumulo wa ku thupi	Mpumulo wa ku uzimu
Tsiku lachisanu ndi chiwiri likhale	Tsiku lililonse likhale lopatulika
Kugwira ntchito yamanja kumadetsa tsikuli	Kugwira ntchito kapena kusagwira ntchito sikudetsa kapena kuyeretsa tsikuli
Aliyense samayenera kugwira ntchito yamanja	Aliyense adziletse ku ntchito zonse zauchimo
Kugwira ntchito pa Sabata kumabweretsa chilango cha Imfa	Kuchita uchimo kumaononga mpumulo wa mzimu ndipo kumabweretsa imfa ya uzimu
Mdalitso wosakhalitsa	Mdalitso wauzimu
Chizindikiro ndi Chithunzithunzi	Kukwanirtsidwa



KODI MUKUDZIWA?

## Zimene ananena Akhristu ena a mu Mpingo Woyamba

Mu Lamulo latsopano anthu amayenera kusunga Sabata mpaka kalekale. Komabe chifukwa choti sunagwire ntchito kwa tsiku limodzi, nanga kapena ndiwe wolungama .... —Justin Martyr, 160 AD

**Anthu onse olungama amene atchulidwa kale [Adamu, Abele, Enoke, Loti, Melkizedeke], ngakhale sanasungepo Sabata, koma anakondweretsa Mulungu.**

—Justin Martyr, 160 AD

Monga unathetsedwera mdulidwe wa ku thupi ndiponso lamulo lakale limaonetsa kuti linafika pamapeto pa nthawi zina ndi zina, chonchonso kusunga Sabata kukuoneka kuti sikunali kwamuyaya. —Tertullian, 197 AD



## Mukhalebe Olumikizana ndi Khristu

### KUTI MUTIPEZE

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### CHIYERO CHA KWA AMBUYE

*Khalani mwa Ine, ndi Ine mwa inu. Monga nthambi siingathe kubala chipatso pa yokha, ngati siikhala mwampesa; motere mulibe inunso ngati simukhala mwa Ine* —Yohane 15:4

Utumiki waphindu umalira nthawi ndi kudzipereka. Umapangitsa kuti thupi litope komanso lisiyi kuchita zinthu zina. Atatumikira kwa zaka zochuluka, munthu aliyense ngakhale akhale wanzeru kapena wodziwa ntchito akhoza kumasulira malemba komanso kuonetsa ngati ndi wachilungamo. Ngakhalebe ena akhoza kumadalitsika, kudzoza komanso moto wa Mzimu kukhoza kumasowa ndipo utumiki ukhoza kukhala ntchito yolimba ndi yotopetsa.

Utumiki wopindulitsa umadza osati kuchokera ku kuthekera kwa kuthupi kokha ai, koma kuchokera mu chipatso chimene chimakula pamene munthuyu ali pa ubale ndi Yesu Khristu. Yesu analangiza ophunzira ake kuti “Khalani mwa Ine”—mukhazikike mwa Ine, mudzikhala ndi Ine, yendani ndi Ine. Kapena kunena kwina, mukhale olumikizana ndi Ine.



Ndi koyenera ndi kofunikira kuti atumiki a Ambuye ndi anthu onse a Mulungu asamatse pamene akutumikira anthu ena komanso kukwanirtsa utumiki wolalikira uthenga wabwino ku dziko lonse kuti pamene akuchita izi asatayane ndi Khristu. Mdaniyo amagwiritsa ntchito zinthu zovomerezeka ndi lamulo ngakhalenso zinthu zabwino za moyo uno pofuna kusokoneza kulumikizana kwathu komanso umodzi wathu ndi Mzimu kuti potero afooketse kulumikizana kwa anthu ndi Mulungu.

Pamene zokhoma ndiponso kutopa mu utumiki zifika ndi kukhazikika pa thupi lanu, senderani kwa Mulungu. Khalani ndi nthawi panokha yomufunafuna Ambuye komanso kudzilumikizitsa nokha kwa lye. Ngati chikho chanu chili chodzadza, pamene po mukhoza kutumikira anthu ena ndi mphamvu komanso kudzoza popeza panokha mwalumikizana ndi Khristu.

—mws